



Camping Checklist for Beginners (Printable PDF)

Essentials

- ☐ Tent (with stakes & guylines)
- ☐ Ground tarp/footprint
- ☐ Sleeping bag (appropriate for season)
- ☐ Sleeping pad or air mattress
- ☐ Pillow
- ☐ Camping chairs
- ☐ Lantern/headlamp/flashlight (+ extra batteries)
- ☐ Matches/lighter/firestarter
- ☐ Cooler & ice
- ☐ Water bottles or jugs
- ☐ Maps/compass/GPS

Cooking & Food

- ☐ Portable stove or grill (+ fuel)
- ☐ Cookware (pot, pan, spatula, tongs)
- ☐ Eating utensils (knife, fork, spoon, spork)
- ☐ Plates/bowls/cups
- ☐ Can/bottle opener
- ☐ Cutting board
- ☐ Food (prepped & packed)

- ☐ Snacks
- ☐ Condiments & seasonings
- ☐ Trash bags
- ☐ Biodegradable soap & sponge
- ☐ Paper towels or reusable cloths

Clothing

- ☐ Weather-appropriate clothes (layers)
- ☐ Rain jacket/poncho
- ☐ Extra socks & underwear
- ☐ Hat/sunglasses
- ☐ Sleepwear
- ☐ Hiking boots/shoes
- ☐ Sandals/flip flops

Personal Items

- ☐ Toiletries (toothbrush, toothpaste, deodorant)
- ☐ Biodegradable soap
- ☐ Towel (quick-dry ideal)
- ☐ Toilet paper
- ☐ Medications
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ First aid kit
- ☐ Hand sanitizer
- ☐ Lip balm (with SPF)
- ☐ Wet wipes

Extras & Comfort

- ☐ Camp table
- ☐ Extra blankets
- ☐ Ear plugs/eye mask
- ☐ Duct tape
- ☐ Pocket knife/multi-tool
- ☐ Paracord/rope
- ☐ Playing cards/board games
- ☐ Camera/binoculars
- ☐ Power bank/solar charger

Safety & Navigation

- ☐ Emergency whistle
 - ☐ Bear spray (if needed)
 - ☐ Offline maps/app
 - ☐ Glow sticks
 - ☐ Emergency contact info
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Print this checklist and check off items as you pack for your camping trip!